



S·P·E·N·C·E·R·S·P·I·R·I·T

Spencer Park Primary School
Jeremy Hadlow, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3000
spencerparkps.wa.edu.au

We value positive relationships and
understanding between students of
different cultures and abilities.

Spencer Park Education Support Centre
Rebecca Wheatley, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3050
spencerparkesc.wa.edu.au

NEWSLETTER No. 11

8 August 2024



PRINCIPAL'S POST

Dear Parents and Friends

Netball

Last Friday a selection of Yr 4-6 students travelled to Katanning for an interschool netball carnival. The competition included a girls' team and a mixed team. All of our teams performed very well, but our mixed team made it all the way to the grand final and won!

Thank you to Mrs Guy and Ms Ditchburn for coaching and assisting on the day and congratulations once again to all the students.



Albany Spelling Championships

In week 7 we will have four teams competing at this year's Albany Spelling Championships. Students selected will work in teams of three to correctly spell words and determine the meaning of words. There will be a Yr 3/4 competition and a Yr 5/6 competition held at Albany PS Friday 30 August. We wish our teams well as they prepare and represent our school.

Assembly

Our students from Room 27 performed an entertaining assembly item about Goldilocks last Friday that was supported by a large group of parents and community members. It is wonderful to see so many parents supporting and encouraging students in their performances. It means a great deal to both the children and the school alike.



Book Week - Week 5

One of the most popular events on the school calendar is here again with Book Week occurring next week. Throughout this week we will have lots of different activities around the theme of promoting books and the love of reading.

Events planned include:

- 'Read alouds' throughout the week using Teams from a variety of staff.
- Visiting author (Rebecca J Palmer is the author of Monkey Mind) - Monday & Tuesday
- Book Week Book Swap (Taking place at lunch time on Thursday, the book swap always proves to be a favourite).
- Decorate a door competition - Wednesday.
- Assembly and Dress up Parade,
Gold Coin Donation for Story Dogs - Friday

.../2

FUTURE DATES

Book Week	Mon-Fri 12 to 16 Aug
Science Week	Tues-Thur 20 to 22 Aug
Young Writers	Tues 13 Aug
Book Week Assembly Rm 11	Fri 16 August
Spellademic	Tues 20 August

- **Respect** Show care and consideration.
- **Accept** Others can have different ideas, opinions, likes and dislikes to you.
- **Strive** Have a go, make an effort and try.
- **Encourage** Work together to make our school even better.

NATSIC Day Celebrations

Our Coolangarras student's celebrated National Aboriginal and Torres Strait Islander Children's Day (NATSIC) on Wednesday, which is a day to celebrate the strengths and culture of our students. It is an opportunity for us to show our support for Aboriginal and Torres Strait Islander children, as well as learn about the crucial impact that culture, family and community play in the life of every Aboriginal and Torres Strait Islander child.

Have a wonderful week and get those book week costumes ready!

Jeremy Hadlow
Principal

VALUES CERTIFICATES

We congratulate the following students who received certificates at Monday's Mini assembly.



Respect	
PP1	Durayne
Rm 27	Byron
Rm 1	Adiliya
Rm 2	Ashton
Rm 3	Peyton
Rm 8	Max
Rm 9	Lachlan
Rm 11	Deon
Rm 19	Shilah
Rm 24	Ava



Accept	
PP1	Ashton
Rm 27	Jace
Rm 1	Amber
Rm 2	Chayse
Rm 3	Olivia
Rm 8	Tahnaya
Rm 9	Bianca
Rm 11	Eliza
Rm 19	Marcel
Rm 24	Brock

HONOUR CERTIFICATES

We congratulate the following students who received certificates at the last assembly.

PP 1	Benjamin, Karla, Syas,
Rm 27	Reef, Elena
Rm 1	Flynn, Shaheen, Adiliya, Lucas
Rm 2	Aaliyah, Erik, Jack
Rm 3	Pepper, Cylus
Rm 8	Braxton
Rm 9	Phoebe, James, Will, Oliver
Rm 11	Verdun, Hunter, Cindyella
Rm 19	Chase, Henry, Eli
Rm 24	Netty, Lucas

TRAFFIC CROSSING GUARDS

Please be aware the traffic crossings at Spencer Park Primary School are in operation from 8.00am to 8.50am and 3.00pm to 3.50pm.

For the safety of our students and families please take care outside of these times.

INTERM SWIMMING LESSONS

Week 1 of this term kicked off with much anticipated swimming lessons at ALAC for our Junior and Middle primary classes. Students quickly became experts at getting organised for their lessons and adjusting to the changes in the timetable. It was rewarding to see the respect our students showed their bus drivers and swimming teachers each day, along with their efforts in trying to learn new swimming skills.

Swimming lessons are also an opportunity for students to develop independence and responsibility, by changing themselves and looking after their belongings. We were super proud of our students' efforts and attitudes!



JEANS FOR GENES DAY



Spencer Park PS participated in Jeans for Genes on Friday August 2. We raised \$250.20 which will be donated to the Children's Medical Research Institute to find cures for kids with genetic diseases. Thank you to everyone.

COOLANGARRAS ARTWORK

On Thursday 25 July our Coolangarras Barmah Kindy students visited the hospital to view their artwork on display. We were invited to produce and display artwork depicting this year's NAIDOC theme, "Keep the fire burning, Blak, loud and proud".

We very proudly sang Wanjoo to the people who were in the coffee shop.



Chaplain's Chat

Dear Parents and Friends,

You are invited to join us for "Free Coffee Friday" with your children Friday 6 September. Please see flyer below for more information. Hope to see you there!

A colorful flyer for "Free Coffee Friday" at Spencer Park Primary School. The flyer features a large, stylized coffee cup with "FCF" on it, surrounded by coffee beans. The text "FREE COFFEE FRIDAY" is prominently displayed in large, bold letters. Below this, it says "Spencer Park Primary School" and "Kick start your day by getting to know your school community and enjoy a FREE COFFEE ... and kids, you get to enjoy:". A list of activities includes "GAMES", "FUN ACTIVITIES", "COMPETITIONS", "GREAT PRIZES", "GIVEAWAYS...", and "& MUCH MORE!!!". At the bottom, it says "What does YouthCARE do?" and "YouthCARE supports the wellbeing of over 600 school communities throughout WA, providing chaplaincy and values education." It also includes the website "youthcare.org.au" and the email "spencerpark.ps@education.wa.edu.au". The date "6th September 2024" is written vertically on the right side.

YouthCARE

FREE COFFEE FRIDAY

Starts at 7:45am

Spencer Park Primary School

Kick start your day by getting to know your school community and enjoy a

FREE COFFEE

... and kids, you get to enjoy:

GAMES GREAT PRIZES

FUN ACTIVITIES GIVEAWAYS...

COMPETITIONS & MUCH MORE!!!

What does YouthCARE do?

YouthCARE supports the wellbeing of over 600 school communities throughout WA, providing chaplaincy and values education.

To find out more about Free Coffee Friday, speak to your school chaplain

youthcare.org.au

6th September 2024

Kind regards,
Jennifer Hunt



WHAT'S NEWS!

It's always great to see our students excelling at school and in the community. Does your child participate in a community club or group or joined in a special event? We'd love to celebrate this with you ... why not share your snaps? Email your photos to spencerpark.ps@education.wa.edu.au along with a brief description and we'll publish it in our next newsletter. Already shared on Facebook? Why not make your post public and tag us @SpencerParkPS?

PARENT ONLINE WORKSHOPS



Shaping the future

Free online parent workshops Term 3, 2024 Calendar

Facilitated by school psychologist consultants with the Triple P and Child and Parent Centre [teams](#)

The Triple P and Child and Parent Centre teams are excited to offer a series of free online workshops for families. The Triple P - Positive Parenting Program gives parents and carers ideas and strategies to help their child develop the skills and behaviours they need for a healthy childhood. To learn more about Triple P, visit the [Education in WA](#) website.

How to register

Scan the QR code or click/type the link below into your browser:
<https://forms.office.com/r/gUzPu8xhvt>



Registration is essential to attend online workshops and will close 24 hours before the scheduled workshop. You will be sent an email with information and a link to join on the morning of the workshop. We would recommend downloading the [Webex app](#) ahead of the workshop.

If you would like to register for other Triple P workshops, please visit the [Triple P in WA](#) website and search for upcoming sessions by location. Parents can also access a range of [Triple P Online](#) programs for free. Please note that these webinars are unable to be recorded.

Date and time	Workshop
Tuesday 23 rd July 8pm – 10pm	Healthy screentime habits (pre-schoolers and primary schoolers) Raising children in a digital age brings both benefits and risks for children and parents. The challenge is to manage the amount of time children spend on screens and keep them safe, as well as ensuring they take part in a range of other activities that are vital for their development. This presentation gives some suggestions to help you establish healthy screen time habits and routines, and deal with any conflict over screen time.
Tuesday 30 th July 8pm – 10pm	Expressing feelings without aggression (pre-schoolers) All children get upset and fight sometimes. This can happen because they are still learning how to manage their emotions, get along with others, and solve problems calmly. In this session, we will talk about responding to your child's frustration and anger and suggest ideas that will help them express themselves in non-hurtful ways.

Tuesday 6 th August 7pm – 9pm	Making and keeping friends (10-16 years) Peer relationships become increasingly important during the teenage years, and parents may find it difficult to navigate and adjust to these changes in relationships. This session will provide suggestions on how to support your child to make friends, encourage positive relationships with peers, set appropriate boundaries and deal with challenges that may arise.
Tuesday 13 th August 7pm – 9pm	Raising competent teenagers (10-16 years) A challenge for parents is knowing how to encourage your teen to make the most of their time at school. This session will provide some ideas on how to help teens develop the skills they need to become competent young adults. We will cover six key ingredients: developing self-discipline, being a good problem solver, establishing routines, getting involved in school activities, following school rules and having supportive friends.
Tuesday 20 th August 8pm – 10pm	The power of positive parenting (under 12 years) Children of all ages need a safe, secure and loving environment to do well. This seminar will discuss children's behaviour, how to create a safe, interesting and positive learning environment, how to use assertive discipline, and taking care of yourself as a parent.
Tuesday 27 th August 8pm – 10pm	Promoting self-esteem (pre-schoolers, primary schoolers and teens) As children grow up they form views of themselves as a person, their value as an individual and how good they are at doing things. This view of their self-worth is called self-esteem. This session will help you encourage your child to be confident and develop healthy self-esteem.
Tuesday 3 rd September 8pm – 10pm	Learning to separate (toddlers and pre-schoolers) All children have to learn to cope with temporary separations from their parents. Shyness around new people and anxiety about separation from parents is common in toddlers and pre-schoolers. This session will help you teach your child to be comfortable around others and calmly separate from you, into the care of another trusted adult/caregiver.
Tuesday 10 th September 7pm – 9.30pm	Fear-Less: Supporting children with anxiety (6-14 years) Everyone feels anxious at times, even children and teenagers. But anxiety may cause distress and get in the way of life. This seminar will help parents to understand how anxiety works, how to manage your child's anxiety effectively and teach your child new coping skills.
Tuesday 17 th September 8pm – 10pm	Learning to use the toilet (toddlers and pre-schoolers) Teaching children to use the toilet independently can be challenging for parents. This workshop will provide tips on when your child may be ready, the skills needed to use the toilet, and some common behavioural issues related to using the toilet. This workshop is suitable for parents of children with neurotypical development and does not address any medical problems related to using the toilet.



Child and Parent Centres

DENTAL HEALTH WEEK



TIPS FOR CLEANING BETWEEN TEETH

Both children and adults should clean between their teeth every day.

A toothbrush cannot reach between the teeth.

Clean between your teeth with floss, interdental brushes or flossette.

Cleaning between your teeth removes food and bacteria that build up every day.

Parents should start cleaning between their kid's teeth once they have teeth touching side-by-side. This is about 2 years of age.

The School Dental Service continues to provide free general and preventative dental care for all students enrolled in school from pre-primary up to Year 11. If you would like to enrol your child in the service, please get in touch with us.

All appointments made will be posted home, if you have changed address in the last few years contact us to update your details. If you no longer intend to use our service or attend your own family dentist, please let us know as soon as possible as your valuable appointment could be used by someone else. You can call us on 9841 3967 or send us an email to spencerparkdtc@dental.health.wa.gov.au.



**PRINCIPAL'S
PATTER**

Dear Parents / Carers,

The weeks are going by very quickly and our students are trying very hard to earn Bee Points in order to reach our goal of 12000. This term our whole school reward is going to be an excursion to Handasydes Strawberry Farm – how exciting!

PBS AWARDS

Golden Bee Awards

Congratulations to the following students who have done a great job in class being Friendly, Safe and Best and have earned a Golden Bee Award:

Room 13
Zayn, Jax B
Room 14
Michael, Eden, Dakota O, Laylah
Room 23
Ivy, Eli
Garden Committee
Djaran

Queen Bee & Lady Bug have been busy watching and listening very closely the last two weeks and noticed that Havana, Belle & Autumn did a great job being friendly by including others and they have earned a canteen voucher.
Keep up the amazing work, you are all superstars!



Two Sign for Equipment



'E' & 'Q'



PRIMARY PRINCIPALS' DAY

On Friday 2 August we celebrated Australian Primary Principals' Day. Our student bees surprised Ms Bec with some beautiful flowers to let her know that she is the best Queen Bee!



CLASSROOM NEWS - SPESC

Room 26 - News from Ms Rachael Weston

Hello,

Room 26 has had an amazing start to Term 3 with many exciting things to look forward to this term. Firstly, I have had a very warm welcome from the students, parents and staff of SPESC as I begin my new role as the Room 26 Teacher.

Commencing term 3, Room 26 has been enthusiastically participating in Talk for Writing each day, with the focus being on The Three Little Pigs.

With the help of Miss Ruby, we created a class magpie tree to display key words and information from the story. The students enjoy exploring the story through hands-on activities with the story stones being a favourite.

If you see us around, ask about the story and what we can retell. (You might even get our innovated story, the three little turtles!).

Spencer Park Education Support Centre Behaviour Expectations

Each week we have an Expectation of the Week focus. This week we focus on:

Be /safe

I can be safe.



AUSLAN/Key Word Sign

Our key word signs support our Expectation of the Week:

I can be safe by sharing my equipment.

Safe



Share





Bec Wheatley-Deal
Principal

COMMUNITY NEWS

Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.

Free Puppet Show Extravaganza!

Matt the Feral Cat a play about what shouldn't be for dinner

Be part of the fun and magic of puppetry with the Spare Parts Puppet Theatre
Museum of the Great Southern, Albany
16 & 17 August, 2024



That Feral Cat image used with grateful permission of artist
Karin Kneeling & Catherine Dwyer

The impact our feline friends can inflict on native wildlife can be CATastrophic! Thankfully there are simple ways we can protect our wildlife, while keeping cats happier and healthier too!

Learn more at our puppet show.

Museum of the Great Southern Coop Building,
Residency Road, Albany
CONTACT:
jenni.loveland@ohcg.org.au
Ph: 0409 572 240

Free Puppet Workshops

Friday August 16, 2024
4 pm to 6 pm
(12 years +)

Help create a giant feral cat puppet from recycled plastic waste

Includes afternoon tea
Bookings essential, limited spaces
<https://tinyurl.com/Giant-Puppet>



Saturday August 17, 2024

10 am to 12 pm
(5 years + with accompanying adult)

Create your own native animal paper puppets and be part of our play

Bookings essential, limited spaces
<https://tinyurl.com/Paper-Puppets>



Free Community event Saturday August 17 12 noon - 3 pm

12-1 pm Welcome
Kids activities and sausage sizzle
Storytelling by Indigenous leaders
Wildlife talks by expert scientists

1-3 pm Spare Parts Puppet show and a
Hearty singing of Matt the Feral Cat!
Be part of our video clip!

(Giveaways throughout the day!)



CHILDREN'S BOOK WEEK SCHOOL INVITATION



READING IS MAGIC SHOW YRS 2 - 6

August 21-23 Wed Thurs or Fri

60 Minute Sessions: 9.15 am, 11.00 am or 1.45 pm

Student maximum: 60 Students - age groups can be combined
Location: Albany Public Library

Session Information:

The Reading is Magic Show is where literature comes to life in a mesmerizing and magical performance. Through a combination of storytelling and interactive elements, children embark on a journey where the pages of their favourite books spring to life before their very eyes.

Bookings: Please get in touch as soon as possible to book
Contact Dora: dora.adeline@albany.wa.gov.au or call 6820 3611

COMPETITION

POSTER COMPETITION PRIZES Include an Android Tablet!!
Books, Vouchers and other great prizes!

ENTRIES CLOSE AUGUST 9
INFORMATION AND ENTRY FORM
ON THE LIBRARY WEBSITE
library.albany.wa.gov.au



CHILDREN'S BOOK WEEK SCHOOL INVITATION



READING IS MAGIC STORYTIME KINDY PRE-PRIMARY & YR1 Aug 19 & 20 Monday and Tuesday

60 Minute Sessions: 9.15 am, 11.00 am or 1.45 pm

Student maximum: 60 Students - age groups can be combined
Location: Albany Public Library

By popular demand Library Excursion Storytime presentations are back at the Library to celebrate some of this year's great titles and new books!

Please get in touch as soon as possible to secure your session
Contact Dora: dora.adeline@albany.wa.gov.au
or call 6820 3611

COMPETITION

POSTER COMPETITION PRIZES Include an Android Tablet!!
Books, Vouchers and OTHER GREAT PRIZES!

ENTRIES CLOSE FRI AUGUST 9
INFORMATION AND ENTRY FORM
ON THE LIBRARY WEBSITE
library.albany.wa.gov.au





Take control of your finances

For every dollar you save, you will receive another dollar from ANZ to spend towards educational costs, up to \$500



Saver Plus gives you down-to-earth money talk – and a **\$500 incentive** to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), **ANZ will double it.**

What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

To join Saver Plus



Be 18 years or older



Have a Health Care or Pensioner Card



Have a child in school, starting school next year, or be studying yourself



Get a regular income (you or your partner)



Agree to join in free online financial education workshops

Saver Plus supports people to develop life-long savings habits. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.

saverplus.org.au 1300 610 355



GROWING GOOD BLOKES

FREE PARENTING WORKSHOPS
ALBANY | GREAT SOUTHERN



This FREE informative and practical parenting sessions begins by exploring masculinity and its impacts on boys' mental health, their propensity to risk and aggression, boys' relationships with girls and women, and the quality of their social connection. Topics covered will include:

- How the interplay between stoic masculinity and social media are leaving an increasing number of boys lacking the social intelligence that is essential for them to thrive.
- Practical tips for getting boys talking on all kinds of difficult topics at home and a large list of conversation starters.



About Mike Dyson Good Blokes Co.

Mike Dyson founded Good Blokes Co in 2015 and has led tens of thousands of conversations with blokes all over Australia in workplaces and schools, on men's leadership retreats and father & son camps and on rites of passage programs for young men.



Sunday 18 August 2024
10AM - 12PM
MOUNT LOCKYER CHILD AND PARENT CENTRE, ALBANY
JUSTS FOR MUMS / MOTHER FIGURES



Monday 19 August 2024
6PM - 8PM
AUSTRALIAN CHRISTIAN COLLEGE SOUTHLANDS
TALK FOR PARENTS OF BOYS OF ANY AGE



Book your spot today!

Visit parentingconnectionwa.com.au and Q'Mike Dyson'
Enquiries: GreatSouthernPCWA@wanslea.org.au

Supported by

