



S·P·E·N·C·E·R·S·P·I·R·I·T

Spencer Park Primary School
Jeremy Hadlow, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3000
spencerparkps.wa.edu.au

We value positive relationships and understanding between students of different cultures and abilities.

Spencer Park Education Support Centre
Rebecca Wheatley, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3050
spencerparkesc.wa.edu.au

NEWSLETTER No. 2

27 February 2025



PRINCIPAL'S POST

Dear Parents and Friends

Swimming Lessons

Rm 8-11 have been participating in their swimming lessons at Emu Point. In term Swimming is a school-based swimming program for children from Pre-primary to Year 6. It provides quality swimming lessons across the State to ensure children develop vital swimming and water safety skills. It was fantastic to see so many of our students OPTING IN and giving swimming lessons a go, even with the cooler weather!



NAPLAN

In week 6 & 7 of this term our Yr 3 & 5 students will be participating in NAPLAN testing. If parents do not wish their students to sit these tests, please contact the school ASAP. A form can be sent home and will need to be signed or alternatively can be signed at the front office. The tests are:

- Writing
- Reading
- Language Conventions
- Numeracy

School Board AGM

Our School Board will be held on Thursday 27 March at 3.30pm at the school. Any parents wishing to join our AGM please contact the school.

P&C Update

Our P&C held an AGM last week and we have a number of new office bearers for 2025. Natasha Clothier is the president, Jenna Triplett the treasurer and Leanne Hodges the secretary. I would like to thank these parents for volunteering in these positions, but also acknowledge the work of our previous office bearers. Erika Leak has served as P&C president since 2018 and was an active member for many years prior to this as well. Erika's long-term commitment and dedication to the school is greatly appreciated by everyone. Amy Sims served as treasurer from 2018-2024 and has assisted the P&C to remain financially viable, while also being instrumental in helping our canteen to operate efficiently. Jade Maiolo has been secretary for two years, but again has been involved in the P&C for a number of years. All of these volunteers, both previous and current, have helped to provide financial and practical supports to SPPS and SPESC and we would all like to acknowledge and thank them.

If you would like to be involved in the P&C, please visit the P&C Facebook page for more information or contact the school.



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FUTURE DATES

Public Holiday	Mon 3 Mar
NAPLAN TESTING	Wed 12 to Mon 24 Mar

- **Respect** Show care and consideration.
- **Accept** Others can have different ideas, opinions, likes and dislikes to you.
- **Strive** Have a go, make an effort and try.
- **Encourage** Work together to make our school even better.

UWA Children's University Launch

In week 5 students from Yr 3-6 will participate in the launch of the Children's University for 2025. Students are invited to participate in after school, weekend or holiday learning opportunities around Albany and record the time they spend in these events. At the end of the year all students that have been involved will participate in a graduation event. To find out more please visit: <https://www.uwa.edu.au/study/how-to-apply/admission-entry-pathways/student-equity/childrens-university>

The Power of Sleep

I'm sure that most parents are aware of the importance of sleep, but I thought it important to provide some great advice regarding sleep from "A Smart Start", which is a rural early childhood initiative implemented across the Great Southern.

How Much Sleep Do Children Need?

While children's needs vary, these general guidelines will give you a good idea of how many hours a day your child should be snoozing (including naps).

- Infants (up to 11 months): 14 to 15 hours
- Toddlers: 12 to 14 hours
- Preschoolers: 11 to 13 hours
- School-age children: 10 to 11 hours

What Are the Benefits of Bedtime Routines?

Your bedtime regimen may sometimes feel like the movie *50 First Dates*, but all the repetition is worth it. Create a routine that works best for your family, and even if it means starting an hour before bedtime, make sure you allow enough time for each task. Rushing through the process will make it more stressful. Get inspired with this sample routine.

1. Clean up toys or do a quiet activity together such as a simple puzzle.
2. Give your child a warm bath.
3. Get into pyjamas.
4. Brush teeth.
5. Bring in a small cup of water for her bedside, to avoid the "I'm thirsty" excuse for getting out of bed.
6. Switch to dim lighting in the bedroom. (Darkness triggers melatonin, the sleep-inducing hormone.)
7. Read books. Tip: Tell them ahead of time how many you'll read, i.e., "two short books," so there's less room for stalling.
8. Talk quietly together for no more than five minutes if your child still needs to settle down. One idea: Discuss the high point and low point of the day. Don't get sidetracked by big topics. You can always say "We'll talk about it in the morning." Just make sure you follow through.
9. Say good night to a few favourite stuffed animals.
10. End on a positive note.

How Does Sleep Affect Success at School?

Beyond causing meltdowns, scrimping on sleep can also spell trouble for your child at school.

- Attention problems. A child may have difficulty listening to detailed instructions or focusing on planned activities.
- Inability to verbalize imaginative/creative thoughts. She may go blank when asked to come up with a story or describe a painting she made earlier in the day.
- Dulled memory. What colour was that again? What are the words to the song we just learned?
- Hyperactive behaviour. A child, who can't sit still, will have tough time learning.

Have a wonderful fortnight!

Jeremy Hadlow
Principal

VALUES CERTIFICATES

We congratulate the following students who received certificates at Monday's Mini assembly.



Accept	
Rm 27	Elijah
Rm 28	Steele
Rm 1	Chloe
Rm 2	Maddy
Rm 3	Chase
Rm 8	Ashton
Rm 9	Riley
Rm 11	Rhyder
Rm 19	Olive
Rm 24	Durayne



Strive	
Rm 27	Grace
Rm 28	Mia
Rm 1	Tom
Rm 2	Samantha
Rm 3	Monique
Rm 8	Tyler
Rm 9	Ella
Rm 11	Malvin
Rm 19	Lucas
Rm 24	Theo
Music	Lauren Rm 9





PRINCIPAL'S PATTERN

Dear Parents, Guardians & Carers,

The new term seems to be going by rather swiftly. Don't forget this coming Monday 3rd March is Labour Day and a Public Holiday.

As usual this term we will be joining SPPS who will be holding the Colour Splatacular again on Friday 4th April, organised by the P&C Committee. The fund-raising booklets for the Fun Run have been sent home this week with the students. Join in the fun and start your fundraising online. Instructions on how to register are in the booklet and there are prizes to be won too!

PBS AWARDS

Golden Bee Awards

Congratulations to the following students who have done a great job in class being Friendly, Safe and Best and have earned a Golden Bee Award:

- Room 13
Addison, Harry, Jackson
- Room 14
Sereki, Autumn, Dakota O, Harry, Dakota M, Logan D, Havana, Alexander
- Room 22
Logan K, Easton
- Room 25
Jake
- Room 26

Keep up the amazing work you superstars!



Spencer Park Education Support Centre Behaviour Expectations

Each week we have an Expectation of the Week focus. This week we focus on:

Be Friendly
I can be Friendly.



AUSLAN/Key Word Sign

Our key word signs support our Expectation of the Week:

I can be friendly by following the games rules.

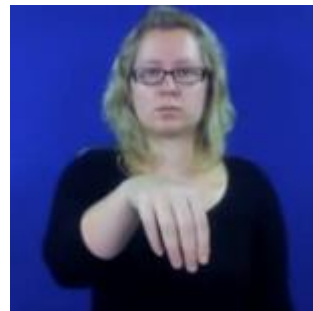
Friend



Follow



Game



Rules



CLASSROOM NEWS - SPESC

Room 14 - News

Room 14 students have had a great start to the 2025 school year. We have been working hard and getting to know each other. We have been eating in the mainstream corridor at lunch time, so we get to know some of the mainstream Year 6's, ready for camp in Term 4.

Last week, we took the containers to the Containers for Change Depot and received \$29.10 for our efforts. We worked out that that meant we had 291 containers! All the money we raise this year will go towards subsidising the cost of the Year 6 camp. Thank you to everyone who brings in containers for us. We will go twice each term so please keep the containers coming in.

This week our new furniture arrived so we can all have a single desk instead of having to share a desk with a classmate. We love our new desks.



Bec Wheatley-Deal
Principal

Room 23 - News

The EIC has had a wonderful start to the new school year. Kindy kids have been learning to follow our morning schedules and exploring the playground. We have been working to name and identify colours. Meanwhile, the Pre-primary students have picked up right where they left off last year and can be seen writing their names. Amazing work EIC students.



WHAT'S NEWS!

It's always great to see our students excelling at school and in the community. Does your child participate in a community club or group or joined in a special event? We'd love to celebrate this with you ... why not share your snaps? Email your photos to spencerpark.ps@education.wa.edu.au along with a brief description and we'll publish it in our next newsletter. Already shared on Facebook? Why not make your post public and tag us @SpencerParkPS?

COMMUNITY NEWS

Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.



Could Saver Plus help with your education costs?

Saver Plus Information Sessions

We are running Information sessions for anyone thinking about joining the program and wants to learn more about how Saver Plus works.

Eligibility, income and participation criteria. To find out more head to <https://www.thesmithfamily.com.au/>.

To Register please use the QR Code or Zoom Link Below.



[Click here to Register](#)

saverplus.org.au
1300 610 355



Saver Plus was developed by ANZ and the Brotherhood of St. Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.



Spencer Park Hockey Club
is seeking
junior players
for the 2025 season
(term 2&3)

Register your interest
or for more information email
spencerparkhockeyclub@outlook.com



Follow us on Facebook

Saver Plus was developed by ANZ and social justice organisation the Brotherhood of St Laurence (BSL).

It is delivered in partnership with not-for-profit organisations The Smith Family, Berry Street and BSL.

ANZ and the Department of Social Services fund it.

saverplus.org.au
Terms, conditions and eligibility criteria apply.





You are invited to
Ongerup Primary School's
75th




10.30am - 1pm
Saturday 15th March 2025

There will be an official ceremony at 10.30am followed by an "old school" fete open until 1pm.



EXHIBITION SCHEDULE 2025
ALBANY TOWN HALL & VANCOUVER ARTS CENTRE


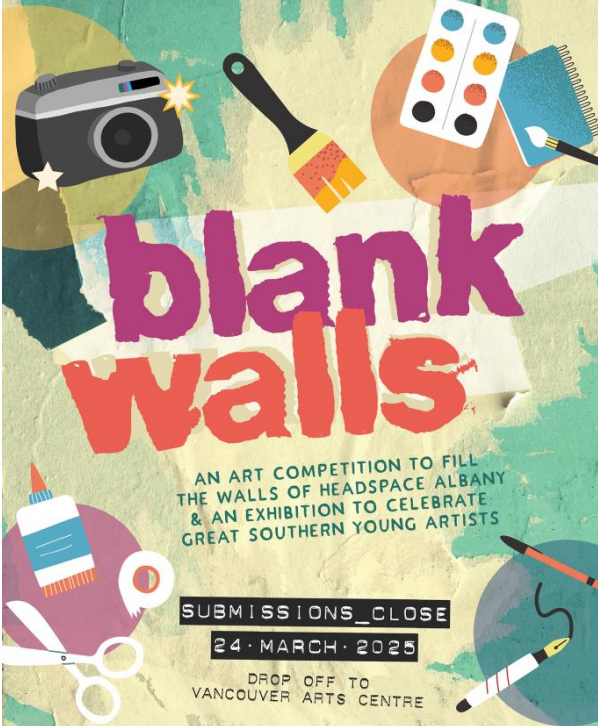
Term 2	7 Apr - 8 May	Linda Chambers & Collyn Gawned ● Ceramics inspired by Japanese "Chawan" (tea bowl) by local artists.
	17 Apr - 23 May	Curated local and Perth based artists ● Explores "High viz" as both a concept and a material.
	29 May - 21 Jun	John Toohy ● Solo exhibition of photography by Perth based artist who undertook a residency in Albany 2022.
	4 Jun - 27 Jun	Allen Kennedy ● Contemporary Painting by local artist.
Term 3	25 Jul - 6 Sep	'Antipodean Manifesto' ✓ ● Post world war Australian paintings, drawings, prints and ceramics.
	5 Aug - 16 Sep	Carleen Eades ● Contemporary First Nations artist.
Term 4	3 Oct - 1 Nov	Anna Louise Richardson ● Perth based artist- touring exhibition with education kit.
	7 Nov - 6 Dec	Cim Sears ● First Nations artist from Perth responding to her Mother's plight as a stolen generation survivor.
	12 Dec - 17 Jan	MIX Artists Inc. ● MIX artists responding to theme of "Radical Futures" for Regional Arts Triennial RATS 3.

Dates are subject to change, please contact the Arts Team to confirm current information

✓ Artworks on loan from the state collection. ● Albany Town Hall ● Vancouver Arts Centre
Art Gallery of Western Australia (AGWA)

For more info: 08 68203740 or arts@albany.wa.gov.au







blank walls

AN ART COMPETITION TO FILL THE WALLS OF HEADSPACE ALBANY & AN EXHIBITION TO CELEBRATE GREAT SOUTHERN YOUNG ARTISTS

SUBMISSIONS CLOSE
24 MARCH 2025

DROP OFF TO VANCOUVER ARTS CENTRE



PROUDLY SUPPORTED BY

