



SPENCER PARK PRIMARY SCHOOL CANTEEN MENU

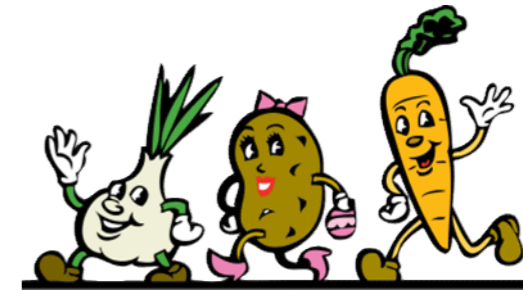
PLEASE PLACE ALL ORDERS BY 9AM

Orders placed after 9am will incur a \$1 surcharge, orders after 9:30am will not be accepted

KEY TO FOODS
 ☺ GREEN FOODS
 # AMBER FOODS



To order online go to www.quickcliq.com.au



Sandwiches/Rolls

	S/W	Roll/Wrap
☺ Avocado & Salad	\$ 4.00	\$ 5.00
☺ Cheese & Salad	\$ 4.00	\$ 5.00
☺ Chicken & Salad	\$ 4.00	\$ 5.00
☺ Egg & Salad	\$ 4.00	\$ 5.00
☺ Ham & Salad	\$ 4.00	\$ 5.00
☺ Tuna & Salad	\$ 4.00	\$ 5.00
☺ Peri Peri Chicken Wrap	N/A	\$ 5.50
☺ Cheese & Vegemite	\$ 3.50	\$ 4.50
☺ Vegemite	\$ 3.00	\$ 4.00
add Mayo/Chutney	Add \$0.50	
Gluten Free	Add \$1.00	

Toasted Sandwiches

☺ Plain Cheese	\$ 3.00
☺ Cheese & Baked Beans	\$ 3.50
☺ Ham & Cheese	\$ 4.00
☺ Ham, Cheese & Tomato	\$ 4.50
☺ Chicken, Cheese & Mayo	\$ 4.50
☺ Gourmet Turkish Pocket	\$ 7.00
Gluten Free	Add \$1.00

Salad Boxes

☺ Garden salad with Cheese & Dressing G/F	\$ 4.00
☺ Garden salad with Cheese & Dressing G/F with Chick/Ham/Avo/Tuna/Egg Adult Serve	\$ 5.50
☺ Garden salad with Cheese & Dressing with 2x H/Made Mini Quiche Gluten Free Option - Fritata	\$ 7.00
# Garden salad with Cheese & Dressing with Chick Strip/Yummy Drummy #1	\$ 5.50

Hot Lunches

☺ Beef Burger	\$ 5.50
☺ Vege Burger	\$ 6.00
☺ Lasagna	\$ 5.00
☺ Mac & Cheese	\$ 5.00
☺ Spaghetti & Meatballs	\$ 5.00
☺ Soup & Roll	\$ 5.00
Adult Serve	\$ 6.00
# Beef Pie	\$ 4.00
# Party Pie	\$ 1.50
# Pizza Single	\$ 4.00
# Sausage Roll	\$ 3.50
Sauce - Tomota/BBQ	\$ 0.40

Snacks

☺ Bliss Ball G/F	\$ 1.00
☺ Cheese & Crackers	\$ 1.50
☺ Muffins	\$ 2.00
☺ Piece of Fruit	\$ 1.00
☺ Pikelets (limit 4)	\$ 0.60
☺ Popcorn - Sml	\$ 0.20
- Lge	\$ 0.50
☺ Pretzel Bag	\$ 0.70
☺ Yoghurt G/F	\$ 2.00
# Yummy Drummy/Chicken Strip	\$ 1.40

Available at Recess Only

☺ Cheesies	\$ 1.30
☺ Fruit Kebabs G/F	\$ 1.00
☺ Pizza Subs	\$ 1.80
☺ Fruit Smoothie (Summer Only)	\$ 1.50
☺ Warm Milo (Winter Only)	\$ 1.00
add Marshmallows	\$ 0.40
# Hash Brown G/F (limit 4)	\$ 0.60

Drinks

☺ Milk Chills 300ml Choc/Strawb/Ban/Spear	\$ 2.60
☺ Frozen Milk Chills	\$ 2.60
☺ Bottled Water	\$ 2.00
# Juice 250ml OJ/App/Trop/App&Black	\$ 2.00
# Juice Bombs App&Rasp/OJ&Pass/App&Black	\$ 2.50

Icecreams - Available at Lunchtime Only

☺ Yoghurt & Berry Popsicle	\$ 1.50
☺ Juice & Fruit Popsicle	\$ 1.20
☺ Frozen Yoghurt	\$ 2.00
# Paddle Pops Choc/Rainbow/Ban	\$ 1.70
# Vanilla Icecream Tub	\$ 1.50
# Frozen Fruit Juice Sticks Half Stick	\$ 0.60
	\$ 0.30

Daily Specials

Tues	Sushi G/F (Chick/Vege)	\$ 5.50
	Adult serve	\$ 6.50

Thurs	Nachos G/F	\$ 6.00
	Chilli Con Carne G/F	\$ 7.00
	Adult Serve	\$ 7.00

Amber foods are available on Wednesday & Friday Only

Updated: January 2020

PLEASE NOTE: THAT NO CREDIT IS PROVIDED IN THIS CANTEEN.

OPENING HOURS

The canteen is open daily between the hours of 8.20am to 1.15pm

All orders (including online) must be placed before 9.00 am

VOLUNTEERS

We are always keen to have volunteers in our canteen if you can spare an hour or two once a week, fortnight or month
If you are available please place your name on the roster in the Canteen. Shifts available either 9:00am - 11:30am or 11:30 to 1:30pm.

Ask us about our new SPPS Rewards Card. Earn points to redeem in the Uniform Shop.

KEY TO FOODS

To help schools the WA government has set a policy and standards for the provision of healthy food and drink choices in schools.

The standards are based on the traffic light system; here at Spencer Park our canteen follows this system

☺ **GREEN:** Fill the menu with foods that have salads or fruit:

example: meat and salad sandwiches and platters, burgers with salad and fruit salads

AMBER: These foods select carefully by allowing certain choices on certain days

example: pies, pizzas, sausage rolls. Yummy drummies and some ice creams and drinks

X RED: Spencer Park Canteen does not have any red food choices

example: deep fried food, creamed buns, cakes with sugary icing.

CONTACT DETAILS

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