



S·P·E·N·C·E·R·S·P·I·R·I·T

Spencer Park Primary School
Jeremy Hadlow, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3000
spencerparkps.wa.edu.au

We value positive relationships and understanding between students of different cultures and abilities.

Spencer Park Education Support Centre
Rebecca Wheatley, Principal
Hardie Road, Spencer Park (Albany) WA 6330
Tel 08 6821 3050
spencerparkesc.wa.edu.au

NEWSLETTER No. 11

12 August 2021



PRINCIPAL'S POST

Dear Parents and Friends

Changes of Date

- Book Week Dress Up Parade - This will now occur on Thursday 19 August not the 20 August.
- Colour Run - Our Colour Run date has changed from the 17 September to the 10 September.

The term calendar on the web page has been updated to reflect these changes so please print off a new copy.

Netball Carnival

Well done to our Yr 5-6 girls who participated in the Interschool Netball competition in Katanning last Friday. The weather was warm and the games were played in a great spirit. Thank you to our parent helpers and Ms Cheetham for making the day a great success.



Science Week

Throughout this week our students have been enjoying interesting science lessons covering the National Science Week theme of 'Food: Different by Design'.

This theme involved our students covering the following yummy topics:

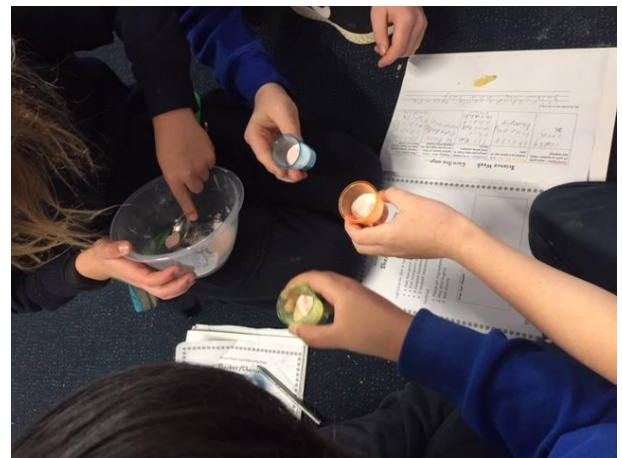
Room 19/24 eating pikelets and butter (butter making/milk to butter process)

Room 1/2 observing/tasting corn five ways (e.g. corn flour to corn chips)

Room 8/11 tasting 3 samples of plant based 'meat'.

Room 3 making & baking bread rolls (yeast reacting with warm water/ CO2 bubbles= fluffy bread rolls!)

Room 9 designing, constructing & testing a water filtration system (Oyster Farming- oysters require clean water to grow)



Making sherbet.

.../2

FUTURE DATES

Genes for Jeans Day	Fri 13 Aug
Book Week	16-20 Aug
Book Swap & Dress Up day	Thurs 19 Aug
School Board Meeting	Thurs 19 Aug
Dockers Cup	Fri 20 Aug
Eagles Cup	Thurs 26 Aug
Assembly ESC	Fri 27 Aug

Assembly

Congratulations to Room 24 for their assembly last Friday. We were treated to a play about two birds who couldn't dance, but who found their groove when the ants tickled them.

We also had a visit from Woolworths who presented a Junior Landcare Grant to both SPPS and SPESC. These grants have been used to help build vegetable gardens in our Kindy/Pre-Primary area and the Education Support Centre.

The next assembly will be our Education Support Centre assembly on Friday 27th August. We would love to see you there.

Gaming

Are you experiencing issues with your child spending too much time playing computer games on various devices or on the internet. Encouraging a balanced approach and setting some guidelines can assist in keeping gaming as a pleasant experience for everyone. There is lots of information available to assist parents in making some adjustments to this behaviour and some of these are:

- PLAYING GAMES IS A PRIVILEGE, NOT A RIGHT
- SET TIME LIMITS that are appropriate to the game (1-2 hours max. per day)
- HOMEWORK COMES FIRST
- CONTROL THE CONTROLLERS - If your child insists on playing longer than you would like or plays in direct disobedience to your wishes, remove the controllers.
- ENCOURAGE COOPERATIVE PLAY - 2 player games.
- CHOOSE GAMES APPROPRIATE FOR YOUR CHILD'S AGE AND ABILITY.
- ENCOURAGE OTHER ACTIVITIES - It is easy for children to get hooked on video games, to the exclusion of almost everything else. Encourage and support the child's participation in other activities.

Jeremy Hadlow
Principal

HONOUR CERTIFICATES

We congratulate the following students who received certificates at the last assembly.

PP 1	Maddy, Pepper, Chloe
PP 2	Jack, Kayden, Lauren
Rm 1	Cody, Christine, Sophia, Kyran
Rm 2	Evie, Detroy, Levi
Rm 3	Erin, Isaiah
Rm 8	Zavier, Riley, Kingsley, Mia
Rm 9	Maddie, Marley, Laura
Rm 11	Ellie, Ryley, Ella, Anima
Rm 19	Sasha, Lucas, Jiyah, Billy-Jai
Rm 24	Ronald, Ella, Wayde

PRINCIPAL'S APPRECIATION DAY



Last Friday 6 August was designated Principal's Appreciation Day. We surprised Mr Hadlow with a balloon and cake, which he quickly gobbled up before heading out for his usual playground duty.

Thank you, Mr Hadlow for not letting a little thing like cake interfere with the reason why you were getting it!

VALUES CERTIFICATES

We congratulate the following students who received certificates at Monday's Mini assembly.



Care and Compassion		Do Your Best	
PP1	Hendrix	PP1	Summer
PP2	Lola	PP2	Nathan
Rm 1	Chayse	Rm 1	William
Rm 2	Cairo	Rm 2	Hayley
Rm 3	Angus	Rm 3	Destinee
Rm 8	Kiana	Rm 8	Lilah
Rm 9	Makenzie	Rm 9	Charlotte
Rm 11	Bella	Rm 11	Ziva
Rm 19	Layla	Rm 19	Tyler
Rm 24	Noah	Rm 24	Serena



PRINCIPAL'S PATTERN

Golden Bees

Congratulations to Alaki, Cedric, Nora, Jackson, Talon, Ruby and Isla for their excellent effort to demonstrate our school's positive behaviour expectations. As a result these students earned a Golden Bee Award at our recent PBS Assembly.



Fantastic work to these students!! You are being great role models in our school to show your teachers and friends how to Be Safe, Be Friendly and Be Your Best.

Expectation of the Week

Be Friendly

I can be friendly when I help others clean up.



Bush Food

Our school has recently been awarded a NAIDOC 2021 grant from the National Indigenous Australians Agency. This grant will provide for incursions for our students to share the Indigenous Australians' culture with our students.

To start us off, Larry from Kurra Mia took our students through Bush Foods and Medicine plants. Our students were able to use their senses to smell and taste some of the bush food and plants used for medicine, and feel the soft fur covering. They thoroughly enjoyed this incursion!



AUSLAN / Key Word Sign

Our key word signs support our Expectation of the Week: friend, help, people and clean.

Friend

Clast non-dominant fist with dominant hand and rock formation, backward and forward slightly, twice.



Help

Place dominant hand bent at third knuckles, palm down, onto non-dominant palm. Move formation forward.



People (others)

Extend dominant index finger. Brush formation down tip of nose, twice.



Clean

Open both hands, palms together. Sweep dominant hand forward along non-dominant hand, twice.



Our Assembly

We are hosting the combined school assembly on Friday 27th August at 9am. Our students have been rehearsing very hard and are looking forward to showing everyone how amazing they are. Our families are invited to attend the assembly and we would love to see you all there.

Music and Families

Room 22 are enjoying learning and experiencing many things including music with Chappy, lots of practice for the upcoming assembly, family structures focussing on Noongar family structures and lots of play based learning. Way to go Room 22!

Bookweek

Bookweek is coming up in Week 5. Our students will be involved in activities in their classrooms during Bookweek. Student may also dress up as their favourite book character on Thursday 19th August, to take part in the parade with the Primary School.



Bec Wheatley
Principal

NETBALL CARNIVAL

On Friday 6th August, 17 students, two umpires and two adults left Albany bright and early to travel to Katanning for the Great Southern Primary Schools netball carnival.

The year 6 team, coached by Mrs Macaulay, played awesomely and made it into the semi-final! The year 5/6 team, coached by Miss Cheetham, also played awesomely and had a couple of wins and a couple of close losses.



The girls enjoyed putting the skills they have learnt in their Phys Ed lessons into game situations. It was so pleasing to see them representing our school so positively, with excellent sportsmanship and participation.

Thanks to Devon and Kleo Proudfoot for being amazing umpires and to Mrs Macaulay for coaching one of the teams.



BOOK WEEK



Planning your costume for Book Week but lacking mojo? Scholastic may have a solution for you. Check out <https://scholastic.com.au/dressuptime>

SCHOOL PHOTOS

Fotoworks will be in the school in Week 9 for school photos. More information about this will be in future newsletters. Now is a good time to ensure that your child has 150821 uniform to wear for the photos. Our uniform shop is open on Monday and Wednesday mornings from 8.45am to 9.15am.

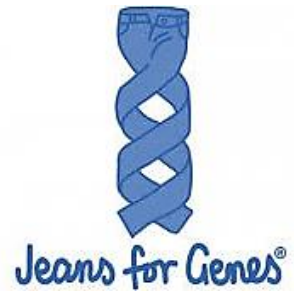
FATHERS DAY STALL

Thursday 2 September - Kindy to Year 1 & ESC
Friday 3 September - Year 2 to Year 6

Your child is invited to buy from our Fathers Day stall on the above dates. A flyer will come home with your child so that you can see what is available.

JEANS FOR GENES

This Friday staff and students have been encouraged to wear Jeans and a bright top to raise awareness and show their support of research into genetic disorders. Any donations are welcome and will be forwarded to Jeans for Genes to support this research. Donations are welcome but not necessary, as awareness and tolerance are as equally important.



HAPPY BIRTHDAY

Our amazing canteen manager, Nicole Arta has recently celebrated a birthday. Happy birthday Nic, and thank you for the scrumptious offerings that you provide for our staff and students.



SECRET CODE

Somewhere within the text of this newsletter we have buried a six-digit code. When you have found the code, SMS 0437 619 154 and include your family name and the code. The first correct answer will win a \$10 canteen credit. Winners will be announced on our Facebook page and receive notification by SMS. With regret, prizes are only available to families enrolled at our school.



EXCITING NEWS! We are planning the School Colour Explosion™ Run. For week 8

The School Colour Explosion™ Run will be held on Friday 10 September starting at 2.20pm. We do ask that you bring a spare change of clothes to school, most importantly a plain white shirt as the students will be covered in powder from head to toe. The day's focus is on fun and fitness with the added benefit of raising funds for our school.

Booklets should come home later this week with more information.

WHAT'S NEWS!

It's always great to see our students excelling at school and in the community. Does your child participate in a community club or group or joined in a special event? We'd love to celebrate this with you ... why not share your snaps? Email your photos to spencerpark.ps@education.wa.edu.au along with a brief description and we'll publish it in our next newsletter. Already shared on Facebook? Why not make your post public and tag us @SpencerParkPS?

P&C Update

Mind Ninja Program



LIFE-LESSONS-AUSTRALIA.THINKIFIC.COM

Spencer Park Primary School P&C Mind Ninja Fundraiser

Check it out. Here is the link:

<https://life-lessons-australia.thinkific.com/courses/spps>

Make sure you register before the 13th September!

\$20 from each registration goes to our P&C.

COST: \$47 (usually \$87)

What is Mind Ninja?


- ✓ An online program designed to help children manage their thoughts and emotions.
- ✓ 8 modules, done at your own pace delivered by Joelene Laverick B.A Psych, GradDipEd.
- ✓ Parents have a lifetime access
- ✓ Ages: Approx. 6-11 year olds




COMMUNITY NEWS

Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.

Small changes,
big differences.





**Triple P – Positive Parenting Program
FEAR-LESS SEMINAR**
- appropriate for parents of children and teenagers aged 6-14 years -

Everyone experiences anxiety occasionally. Anxiety is a normal response that can be helpful and typically passes quickly. However, anxiety can sometimes get overwhelming. Learning to manage anxiety effectively is a vital life skill.

This free two-hour seminar offers information about:


- ✓ Key anxiety-management skills that parents can teach children
- ✓ An understanding of how anxiety works
- ✓ Knowledge of how to help children develop coping skills and face feared situations
- ✓ How to manage children’s anxious behaviour effectively

TIME 9.00 – 11.00
Week 7
Wednesday 1st September

The session will be at Spencer Park PS with Maree Dawes

You can book your **free** place now by: contacting the school

*No child-minding available, and it is recommended that children are not brought along to the sessions.



www.triplep-parenting.net.au/wa





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ALBANY WIND FESTIVAL

PRESENTED BY THE ALBANY CITY WIND ENSEMBLE
AND SEBASTIAN HARRIS



**Skill
Development
Programme**

SEPT 4-5



A rare opportunity for masterclasses and individual or group lessons with Andrew Nicholson (Principal Flute, WASO).

Applications close on 15 August 2021

FOR MORE DETAILS:
phone: Jen on 0402 272 648
email: albanywindfestival@gmail.com
www.albanycitywindensemble.com.au/albanywindfestival

Andrew Nicholson
WASO Principal Flute



AUGUST 2021 CHALLENGE

August 19th is World Photography Day!



This month's challenge is to get creative with your photography skills for "same colour" photos.

1. Collect a range of items that are all the same colour.
2. Present them as a group in an interesting way.
3. Take a photo of your grouped items.
4. Repeat with items of a different colour. Try different kinds of items and groups!
5. Once you've created your masterpieces, take your photos to your CU Coordinator or upload them to the [CU Portal](#) to earn 30 minutes per photo (up to 2 hours in total).



Allegra's Musical Adventure

A FAMILY CONCERT

Allegra starts her violin practice, but it's just too hard... She wants to give up, but as she throws her music on the floor, the notes come alive and take her on a musical adventure.

Join Albany Sinfonia, under the direction of **Kathryn MacNeil**, featuring violin soloist **Freya Swarbrick** and narrated by **Mike Staude** as we take you and your family on Allegra's Musical Adventure!

Saturday 14th August
Free Reformed Church on North Road
10.30am AND 2.30pm
Tickets: \$15 general admission
FROM trybooking.com/BSYDM
OR **Alison Steer Optometrist** (cash/EFT)

Albany *Sinfonia*

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Allegra's Musical Adventure is based on the book 'Allegra, A Musical Journey Through 11 Musical Masterpieces', Written by David W Miles and illustrated by Anita Barghigiani (published by Familius)



SIGN UP TODAY FOR THE
Book Week

Old Worlds, New Worlds Other Worlds

Reading Challenge

August - September

Register for the challenge
FREE with your Library Card

albany.beanstack.org




ALBANY'S BIG SLEEP OUT

RAISING FUNDS TO REDUCE THE IMPACT OF HOMELESSNESS IN OUR COMMUNITY

BYO SWAG - MUG

SOUP, TEA AND COFFEE,
SAUSAGE SIZZLE AND BREKKY
BURGER BY DONATION

ENTERTAINMENT, REAL LIFE
STORIES AND ENGAGING
ACTIVITIES

LOCAL SERVICE AGENCY
STALLS

28TH AUGUST
ALBANY AGRICULTURAL
SOCIETY PAVILION 2
5PM

WWW.ALBANYS-BIG-SLEEP-OUT.RAISELY.COM

