

S-P-E-N-C-E-R-S-P-I-R-I-T

Spencer Park Primary School Jeremy Hadlow, Principal Hardie Road, Spencer Park (Albany) WA 6330 Tel 08 6821 3000 spencerparkps.wa.edu.au

We value positive relationships and understanding between students of different cultures and abilities.

Spencer Park Education Support Centre Rebecca Wheatley, Principal Hardie Road, Spencer Park (Albany) WA 6330 Tel 08 68213050 spencerparkesc.wa.edu.au

NEWSLETTER No. 11

28 July 2022



Dear Parents and Friends

COVID Update

As parents will have heard, wearing masks while at school is being encouraged once again for staff and students. Obviously this is not mandated and families will have the choice of what to do. With an increase in COVID and influenza within the community, the school would once again encourage parents to keep sick children at home until well. Your continued support in keeping staff and other students safe at school is appreciated.

In addition, schools are being asked to assess risks associated with whole school events around weeks 4-6, which have been identified as the peak of the next wave. At this stage there is no intent to postpone any events, but please be aware that if cases rise dramatically that this may change. As always the school will remain flexible and adaptable and make decisions based in the best interest of health and wellbeing.

New Mural



A new mural created by Scott Maher from art work produced by students has been erected along the Hardie Road frontage. This mural captures various elements of the school culture and highlights our school diversity and values. Funding for this project was partially provided by the State Government through their Small Grant Program 2021 and we would like to specifically thank Rebecca Stephens for her support of this project. Signage will be included on this mural in the coming months.

Canteen

Our wonderful canteen is looking for volunteers to support Nicole and you can indicate your interest through the school or P&C. This time can be an hour or two any day from Tuesday-Friday. Previous experience is not required, just a willingness to help and volunteer.



Swimming Lessons PP-Yr4

Our PP-Yr4 students will commence swimming lessons in week 3. We are pleased that we can provide double lessons again this year as this keeps the cost of bus and pool entry to a minimum. Students will be tired throughout the week and we would encourage all families to provide lots of sleep and plenty of food to help get our students through. Parents are welcome to come along to the pool and watch their child and assist with any changing requirements. A male staff member will be provided to assist boys in the male change rooms.

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FUTURE DATES

Crazy Hair Day P & C Meeting Interm Swimming PP to Yr 4 Katanning Netball Yr 5&6 School Board meeting 3.40pm Assembly Room 24 Fri 29 July Mon 1 Aug 1-5 Aug Fri 5 Aug Thurs 11 Aug Fri 12 Aug

Staff Update

We have a few staff that will be taking Long Service Leave (LSL) throughout this term and the school has been fortunate to acquire Vishakha Jeshrahni and Hayley Doran to provide relief. Mrs Jeshrahni will be taking science classes for the first few weeks and Ms Doran will be covering PP1 later in the term and HASS in term 4.

Jeremy Hadlow Principal

VALUES CERTIFICATES

We congratulate the following students who received certificates at Monday's Mini assembly.

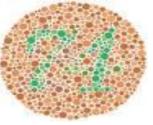


Do Your Best				
PP1	Chase	Rm 8	Tahi	
PP2	James	Rm 9	Johnny	
Rm 1	Lucas	Rm 11	Doreen	
Rm 2	Detroy	Rm 19	Kaylarnee	
Rm 3	Evie	Rm 24	Isaac	

COLOUR BLINDNESS

Children who are colour blind can see as clearly as other people but can't tell the difference between some colours or see colours differently from other people. Very few people who are colour blind are 'blind' to all colours – most often they see red and green as very similar.





It's good to know if a child is colour blind because they may have difficulty at school with activities that use colours, such as drawing 312307 and sorting blocks, and with computers. Please read through information on colour blindness provided by Raising Children Network.

If you have any concerns, colour vision testing can be performed by some General Practitioners (GP), eye specialists or optometrist. You can also contact your local Community Health Nurse, (Lorraine Cherotich) on (98427523).

SCHOLASTIC BOOK CLUB

Scholastic Book Club issue 5 is out now and orders are due Monday, 1st August.



пппп	Receive	When you spend over
ID A	1 Free Book	\$30
	2 Free Books	\$50
***	3 Free Books	\$70

INTERM SWIMMING

Interm Swimming lessons commence on Monday 1 August for students in Pre-Primary to Year 4. Thank you to those who have returned their enrolment forms.

Payment of \$31.00 is due and should be paid by Friday 29 July. If you anticipate difficulty with this payment please contact the school office.

Children will need to arrive equipped with bathers, towel, goggles and a waterproof bag to bring wet togs back in. Please note that students on public transport are required to wear a mask on the bus. Where possible please provide your child with a mask for each day of swimming lessons. The school has a supply of masks if needed.

SECRET CODE

Somewhere within the text of this newsletter we have buried a six-digit code. When you have found the code, SMS 0437 619 154 and include your family name and the code. The first correct answer will win a \$10 canteen credit. Winners will be announced on our Facebook page and receive notification by SMS. With regret, prizes are only available to families enrolled at our school.

WHAT'S NEWS!

It's always great to see our students excelling at school and in the community. Does your child participate in a community club or group or joined in a special event? We'd love to celebrate this with you ... why not share your snaps? Email your photos to spencerpark.ps@education.wa.edu.au along with a brief description and we'll publish it in our next newsletter. Already shared on Facebook? Why not make your post public and tag us @SpencerParkPS?



Bee voucher winners 1

Congratulations to Belle, Alex, Djaran, Elijah, Xavier & Loralia for earning the most Bee Vouchers in their class.

Teddy & Netty were the helping bee and lady bug at the school assembly.



AUSLAN/Key Word Sign

Our key word signs support our Expectation of the Week: I, can be friendly by including others







Include

Others

Spencer Park Education Support Centre Behaviour **Expectations**

Each week we have an Expectation of the Week focus. This week's expectation is:

Be Friendly I can be friendly by including others.



Be Safe





Bec Wheatley Principal





Host Carer

- Are you passionate about making a difference?
 Have you considered helping someone with a disability to live a
- Becoming a Host may be for you!

Could You Be a Host?

Here at Community Living Association, we are seeking experienced Host Carers to provide ongoing support to our participants.

We need Hosts from all walks of life, cultures and age groups. At Community Living Association, we understand that each person has individual needs and we focus or developing and enhancing the quality of the relationships that already exist in a person's life. We place a strong focus on supporting individuals to increase their independence and social skills

Role of a Host

The role of a host is to develop an open and trusting relationship with the person with a disability. The host will support the individual to achieve and work towards achieving their NDIS goals. As a host you will also provide a safe and nurturing environment to support and develop the individual's self-esteem and emotional and physical wellbeing. Your role may also include supporting the person to participate in school, vocational training, employment or day to day activities.

All Host placements receive coordination support and the opportunity to upskill and participate in training as opportunities arise.

Want to Know More?

For further information about accessing our Host Services or

P: 0418 369 312 - Human Resources

E: hr@mycla.org.au



PARENTING PROGRAM



Stepping Stones Triple P Positive Parenting Seminars for Parents of Children with a Disability

Parenting program at Spencer Park School Library for SPPS and SPESC parents who have Children with additional needs.

If your child has a particular behaviour or developmental problem that is making family life more difficult than it should be, then Stepping Stones Triple P (SSTP) can help.

Stepping Stones Triple P is part of the Triple P parenting program, and has been specially tailored for parents of children with a disability. It doesn't tell you *how* to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making it work for you.

This free Stepping Stones Triple P Seminar is open to all parents and will help you:

- Raise happy, confident kids
- Manage misbehaviour so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage behaviour you like
- Take care of yourself as a parent
- Feel confident you're doing the right thing
- Take part in community events
- Develop plans for tricky situations

Positive parenting is based on strong, nurturing relationships, good communication and positive attention.

Seminar 1: Positive Parenting for Parents of Children with a Disability

This seminar introduces parents to the seven key steps to positive parenting for parents of children with a disability;

- 1. Create a safe, interesting environment
- 2. Have a positive learning environment
- 3. Use assertive discipline
- 4. Adapt to having a child with a disability
- 5. Have realistic expectations
- 6. Be part of the community
- 7. Take care of yourself as a parent

The Seminar includes a 90 minute presentation with time for open discussion and question time.

Parents who have attended these seminars previously report that they feel more confident, less angry and less stressed. It also helped to promote their child's development. Now that's positive!

DATE Tuesday 9 August

TIME 9am - 11am

VENUE Spencer Park PS Library

PRESENTER Maree Dawes School

Psychologist

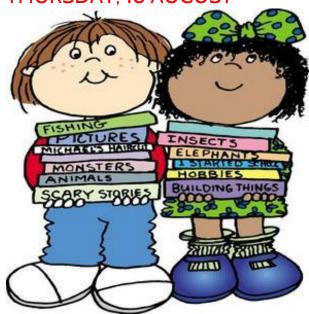
COST Free

BOOKINGS Register by Phoning

Spencer Park Education
Support Centre on

6821 3050

BOOK WEEK BOOK SWAP THURSDAY, 18 AUGUST



Do you have any preloved but in good condition books at home that you think another student might enjoy reading?

Send them in to the library now!

At lunch time on Thursday 18 August students who have sent books to the library will be invited back to choose a swapped book to take home and keep.

Bring 1 book - take 1 book home. Bring 5 books - take 5 books home.

Don't miss out on this great chance to update your bookshelf. See you there.

COMMUNITY NEWS

Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.

Book Week Colouring Competition Town Library

